



BUS BUZZZZ

North Battleford Bylaw Revised

With the revision of **bylaw 1716 on Nov 16, 2009**, all school bus operators shall use Safety Lights and Stop Arms within the City of North Battleford.

Living Sky School Division would ask that the following steps be taken to ensure compliancy. These steps should be utilized where ever Safety Lights and Stop Arms are to be used.

At all school bus stops including school loading zones:

- 1) When loading or unloading passengers all school bus operators shall activate Safety Lights and Stop Arms and shall leave Safety Lights and Stop Arms activated until they have completed loading or unloading passengers.
- 2) The lead school bus will deactivate Safety Lights and Stop Arm once all passengers have loaded or unloaded. The operator may proceed once it is safe to do so. If you are the second bus, once the bus ahead of you leaves then you would become the lead bus. If space becomes available and when safe to do so you may move ahead. This will allow other buses to enter the loading zone.
- 3) At schools, passengers are only to be loaded or unloaded in the designated bus loading area. Bus operators who are parked and waiting to enter the bus loading zone should not activate their Safety Lights and Stop Arms as they are to be used only when loading or unloading passengers.
- 4) At no time are passengers to be loaded or unloaded in the middle of the street. Bus operators are to pull over as far to the right as safely possible.
- 5) At no time are school bus operators to Double Park; bylaw law 1716 prohibits vehicles to double park within the City of North Battleford.

REMINDERS:

Communication between parents and the school helps to address problems before they escalate.

Document incidents and be fair and consistent with the rules on your bus.

Check out our new "How To" section on page 2.



HOW TO.....



How to get motivated for change in 2010.....

CNN Health reported 10 things you can do to help yourself stay in a mindset to make positive changes in the coming year.

1. Set smaller goals with smaller steps

Gradual small steps motivate people toward larger change.

2. Frame your goals positively

If you want to quit doing something don't think about the habits negative aspects. Think about the positive aspects of not doing it.

3. Look at the pros and cons

Make a list of the benefits and costs.

4. Get a resolutions buddy

Having a resolutions buddy who's keeping track of your progress helps keep you accountable for what you've done.

5. Be Specific

Figure out exactly what it is that's not working for you, and then formulate a strategy for solving individual problems.

6. Know thyself

The start of the year is as good a time as any to take inventory of yourself. What are your passions? Take the time to think about who you are and how you want life to be.

7. Examine deeper issues

Sometimes there are problems that need to be addressed before people can move forward with the change they want.

8. Don't be overanxious

Having a long list of resolutions can create anxiety. Choose 3—5 thing to change

9. Be flexible

Although you should be specific about what you want to do, sometimes it helps to broaden your vision of what you're trying to accomplish. Having a wider vision of what constitutes success can free you up to explore other options that do help with the central purpose.

10. Keep your eye on the ball

Changing behaviors is difficult when other people around you encourage habits you're trying to kick. Be patient with yourself and take one incident at time, one day at a time.

"People say that motivation doesn't last. Well, neither does bathing- that's why we recommend it daily"

Zig Ziglar

Grade 2 Macklin Students Say.....



My bus driver is the best because.....



.....he is very nice and because he never yells at us and because deep down inside he is like our father.

.....she always gives us ice cream and she always takes us out to super and stuff like that. She is the best bus driver!

.....he is cool

.....she is nice. She is wonderful. She is the best bus driver ever. I like her for a bus driver.

.....he never yells at us. He lets us play games. He lets us sit beside whoever we want.

.....My bus driver is the best because she lets us go in the back of the bus.

.....she is so nice. Also every holiday she gives us candy. She is one of the best bus drivers. She drives safe too.

To all Macklin drivers,
Keep up the great work.
Sounds like your all very much
appreciated!

ABOVE & BEYOND

At approximately 9:15 am our department received a phone call from a mom saying that her son had forgotten his skates on Larry Johnstones bus (driver from Unity).

Our office located Larry who was already carrying on with the rest of his day. Larry went to his bus and found the forgotten skates. He made a trip back to the school to deliver the skates so this child could go skating with his class!

Way to go Larry!!!!



Walking School Buses

Many communities in both Canada and the US have started a Walking School Bus Program. In some areas the program receives funding to buy things like rain coats for wet weather. Start up of such a project takes a lot of planning. Committees are formed, volunteers are needed and guidelines are made.

What is a 'Walking School Bus'?

The Walking School Bus is a fun, safe and active way for children to travel to and from school with adult supervision. Each bus walks along a set route with at least one adult 'driver', picking children up at designated stops and walking them to school. The process is reversed in the afternoons.

What are the benefits of having a Walking School Bus?

- Extra time for parents, for example, if there are enough volunteers then for 1 day's commitment to the Walking School Bus you are free of picking up and dropping off children the other 4 days
- Reduced chaos and traffic congestion around schools (better for safety and the environment).
- Healthier, more active children.
- Increased independence for children.
- Opportunities for children to learn about road safety from a pedestrian's point of view.
- Safety from 'stranger danger'.
- Provides social opportunities for children and parents.
- Helps to create closer and friendlier communities.



If just nine families participate regularly in a Walking School Bus over the course of a school year, they can collectively prevent almost 1,000 kg of carbon dioxide from being released.